



# Things to Bring to Ms. Adrian's Friendly Frogs Class (Pre-school)

We know it's always tricky trying to figure out what your child needs at school, so here's a list of what we need in our classroom every day.

## Play Clothes

*We tend to get a bit messy, so don't put your child in your favorite outfits*

## Tennis Shoes and Socks

*This helps the kids remember to keep their shoes on at school for safety reasons and also helps keep rocks out of their shoes on the playground.*

## 2 Changes of Clothes - seasonally appropriate

*These aren't just for wetting accidents, we sometimes have spills too. It's fine to leave these in your child's cubby.*

## A Healthy Lunch

*This should include things like protein, dairy, veggie, fruit...see handout for ideas.*

## A drink should be included with lunch

*Juice boxes, milk in a sippy cup, etc...*

We provide a big-kid cup of water with our snack, and at playground time, so *water bottles are not necessary.*

We are so excited to have your child in our class and promise to make this a great experience for you and your children!